



Wettkampf 17
20.12.09 - 10:15

Frauen, 400m Freistil

offene Klasse
Protokoll

Punkte: FINA 2008

Rang					Jg.					Zeit	Pkt.	
1.	SCHWENDENWEIN Sasha				87	Eisenstädter Schwimm Union				4:12.15	861	
	50m:	29.64	29.64	150m:	1:32.04	31.24	250m:	2:36.39	32.35	350m:	3:40.78	31.98
	100m:	1:00.80	31.16	200m:	2:04.04	32.00	300m:	3:08.80	32.41	400m:	4:12.15	31.37
2.	STEINEGGER Jördis				83	ASV Linz				4:17.57	808	
	50m:	27.68	27.68	150m:	1:27.31	29.94	250m:	2:36.65	39.22	350m:	3:44.33	33.60
	100m:	57.37	29.69	200m:	1:57.43	30.12	300m:	3:10.73	34.08	400m:	4:17.57	33.24
3.	SZEKENDI Anais				91	ASV Linz				4:19.67	788	
	50m:	30.18	30.18	150m:	1:35.02	32.70	250m:	2:41.71	33.33	350m:	3:48.00	32.85
	100m:	1:02.32	32.14	200m:	2:08.38	33.36	300m:	3:15.15	33.44	400m:	4:19.67	31.67
4.	PRANIESS Lisa				93	SU Generali Salzburg				4:26.44	730	
	50m:	30.23	30.23	150m:	1:36.34	33.40	250m:	2:44.29	34.13	350m:	3:52.74	34.31
	100m:	1:02.94	32.71	200m:	2:10.16	33.82	300m:	3:18.43	34.14	400m:	4:26.44	33.70
5.	SCHABERL Hanna				94	SVS Simmering				4:28.69	711	
	50m:	31.13	31.13	150m:	1:38.01	33.55	250m:	2:46.54	34.42	350m:	3:55.15	34.04
	100m:	1:04.46	33.33	200m:	2:12.12	34.11	300m:	3:21.11	34.57	400m:	4:28.69	33.54
6.	HACKL Viktoria				95	SU Mödling				4:29.30	707	
	50m:	30.85	30.85	150m:	1:38.13	33.79	250m:	2:46.42	33.97	350m:	3:55.37	34.76
	100m:	1:04.34	33.49	200m:	2:12.45	34.32	300m:	3:20.61	34.19	400m:	4:29.30	33.93
7.	GROSS Nicole				92	Union Mc Donald's ADM Linz				4:31.98	686	
	50m:	31.22	31.22	150m:	1:39.00	34.20	250m:	2:48.31	34.78	350m:	3:58.15	35.02
	100m:	1:04.80	33.58	200m:	2:13.53	34.53	300m:	3:23.13	34.82	400m:	4:31.98	33.83
8.	HINTEREGGER Katharina				94	SVS Simmering				4:34.22	669	
	50m:	31.06	31.06	150m:	1:40.07	35.06	250m:	2:50.61	35.26	350m:	4:01.47	35.12
	100m:	1:05.01	33.95	200m:	2:15.35	35.28	300m:	3:26.35	35.74	400m:	4:34.22	32.75
9.	BLUM Marina				94	Union Mc Donald's ADM Linz				4:34.38	668	
	50m:	30.70	30.70	150m:	1:39.33	34.76	250m:	2:50.30	35.45	350m:	4:00.72	35.07
	100m:	1:04.57	33.87	200m:	2:14.85	35.52	300m:	3:25.65	35.35	400m:	4:34.38	33.66
10.	MATKOVIC Christine				91	SC Austria Wien				4:35.97	657	
	50m:	31.36	31.36	150m:	1:40.07	34.76	250m:	2:50.67	35.47	350m:	4:01.42	35.18
	100m:	1:05.31	33.95	200m:	2:15.20	35.13	300m:	3:26.24	35.57	400m:	4:35.97	34.55
11.	FAST Jennifer				93	Eisenstädter Schwimm Union				4:37.22	648	
	50m:	32.03	32.03	150m:	1:41.68	34.57	250m:	2:51.66	34.92	350m:	4:02.94	35.41
	100m:	1:07.11	35.08	200m:	2:16.74	35.06	300m:	3:27.53	35.87	400m:	4:37.22	34.28
12.	ESPERNBERGER Juliana				94	ASV Linz				4:39.72	631	
	50m:	31.30	31.30	150m:	1:40.49	35.33	250m:	2:51.99	35.37	350m:	4:04.75	36.57
	100m:	1:05.16	33.86	200m:	2:16.62	36.13	300m:	3:28.18	36.19	400m:	4:39.72	34.97
13.	RYCHLEWSKI Nicole				90	Schwimm Union Wien				4:42.05	615	
	50m:	32.25	32.25	150m:	1:42.38	35.42	250m:	2:53.97	35.95	350m:	4:06.41	36.24
	100m:	1:06.96	34.71	200m:	2:18.02	35.64	300m:	3:30.17	36.20	400m:	4:42.05	35.64
14.	OVCACEK Nicole				94	SC Austria Wien				4:42.19	614	
	50m:	32.84	32.84	150m:	1:43.85	35.75	250m:	2:55.28	35.78	350m:	4:07.93	36.56
	100m:	1:08.10	35.26	200m:	2:19.50	35.65	300m:	3:31.37	36.09	400m:	4:42.19	34.26
15.	HACKL Cornelia				97	SU Mödling				4:44.73	598	
	50m:	32.17	32.17	150m:	1:43.66	36.27	250m:	2:56.85	36.67	350m:	4:09.21	35.62
	100m:	1:07.39	35.22	200m:	2:20.18	36.52	300m:	3:33.59	36.74	400m:	4:44.73	35.52
16.	KNOPF Tamara				92	SC Donau Wien				4:47.35	582	
	50m:	32.27	32.27	150m:	1:45.35	37.12	250m:	2:58.68	36.70	350m:	4:12.25	36.04
	100m:	1:08.23	35.96	200m:	2:21.98	36.63	300m:	3:36.21	37.53	400m:	4:47.35	35.10



Wettkampf 17, Frauen, 400m Freistil, offene Klasse

Rang					Jg.					Zeit	Pkt.	
17.	GRÜNN Verena				92	Schwimm Union Wien				4:49.76	567	
	50m:	32.81	32.81	150m:	1:45.12	36.43	250m:	2:59.67	37.18	350m:	4:14.19	37.68
	100m:	1:08.69	35.88	200m:	2:22.49	37.37	300m:	3:36.51	36.84	400m:	4:49.76	35.57
18.	HIMMLER Katharina				97	SVS Schwechat				4:50.12	565	
	50m:	31.65	31.65	150m:	1:43.34	36.44	250m:	2:58.45	37.78	350m:	4:14.54	37.87
	100m:	1:06.90	35.25	200m:	2:20.67	37.33	300m:	3:36.67	38.22	400m:	4:50.12	35.58
19.	MOITZI ANNA				96	SV St. Veit/Glan				4:50.60	562	
	50m:	32.78	32.78	150m:	1:44.97	36.79	250m:	2:59.91	37.66	350m:	4:14.77	37.64
	100m:	1:08.18	35.40	200m:	2:22.25	37.28	300m:	3:37.13	37.22	400m:	4:50.60	35.83
20.	NEUREITER Elen				96	SU Generali Salzburg				4:54.01	543	
	50m:	33.14	33.14	150m:	1:46.47	36.92	250m:	3:01.73	37.77	350m:	4:17.55	37.98
	100m:	1:09.55	36.41	200m:	2:23.96	37.49	300m:	3:39.57	37.84	400m:	4:54.01	36.46
21.	MALITS Hannah				98	SVS Schwechat				4:54.52	540	
	50m:	33.75	33.75	150m:	1:47.39	37.34	250m:	3:03.38	38.16	350m:	4:18.07	36.93
	100m:	1:10.05	36.30	200m:	2:25.22	37.83	300m:	3:41.14	37.76	400m:	4:54.52	36.45
22.	STEYER Carina				92	SC Donau Wien				4:55.51	535	
	50m:	32.09	32.09	150m:	1:46.50	37.90	250m:	3:02.72	38.10	350m:	4:19.34	38.11
	100m:	1:08.60	36.51	200m:	2:24.62	38.12	300m:	3:41.23	38.51	400m:	4:55.51	36.17
23.	GRANDINGER Denise				96	SC im Theresianum				5:00.72	508	
	50m:	33.21	33.21	150m:	1:48.36	38.24	250m:	3:06.60	39.47	350m:	4:24.19	38.41
	100m:	1:10.12	36.91	200m:	2:27.13	38.77	300m:	3:45.78	39.18	400m:	5:00.72	36.53
24.	ERB Juliane				97	SU Generali Salzburg				5:01.59	503	
	50m:	35.06	35.06	150m:	1:51.71	38.71	250m:	3:09.41	38.50	350m:	4:26.08	38.42
	100m:	1:13.00	37.94	200m:	2:30.91	39.20	300m:	3:47.66	38.25	400m:	5:01.59	35.51
25.	RADER MONIKA				95	SV St. Veit/Glan				5:06.52	479	
	50m:	33.22	33.22	150m:	1:49.78	39.37	250m:	3:08.97	39.54	350m:	4:28.34	39.99
	100m:	1:10.41	37.19	200m:	2:29.43	39.65	300m:	3:48.35	39.38	400m:	5:06.52	38.18
26.	JANK Veronika				84	Schwimm Union Wien				5:10.33	462	
	50m:	34.89	34.89	150m:	1:51.91	39.13	250m:	3:11.54	39.87	350m:	4:31.71	39.93
	100m:	1:12.78	37.89	200m:	2:31.67	39.76	300m:	3:51.78	40.24	400m:	5:10.33	38.62
27.	KILLIAN Sophie				96	Eisenstädter Schwimm Union				5:14.61	443	
	50m:	35.21	35.21	150m:	1:54.14	40.08	250m:	3:14.56	40.29	350m:	4:35.53	40.68
	100m:	1:14.06	38.85	200m:	2:34.27	40.13	300m:	3:54.85	40.29	400m:	5:14.61	39.08
28.	LANGMAIER Anita				93	SC im Theresianum				5:18.40	428	
	50m:	35.22	35.22	150m:	1:54.51	40.35	250m:	3:15.88	40.95	350m:	4:38.31	41.57
	100m:	1:14.16	38.94	200m:	2:34.93	40.42	300m:	3:56.74	40.86	400m:	5:18.40	40.09
29.	ROTT Conni				99	SC Donau Wien				5:22.52	411	
	50m:	36.08	36.08	150m:	1:56.33	40.68	250m:	3:19.21	41.77	350m:	4:41.59	40.98
	100m:	1:15.65	39.57	200m:	2:37.44	41.11	300m:	4:00.61	41.40	400m:	5:22.52	40.93
30.	KRUPICKA Ramona				97	SVS Schwechat				5:41.02	348	
	50m:	36.80	36.80	150m:	2:03.22	44.21	250m:	3:31.52	44.17	350m:	4:58.86	43.38
	100m:	1:19.01	42.21	200m:	2:47.35	44.13	300m:	4:15.48	43.96	400m:	5:41.02	42.16
31.	FEHIMOVIC Lara				97	SC im Theresianum				5:46.36	332	
	50m:	36.00	36.00	150m:	2:02.08	44.04	250m:	3:32.65	45.83	350m:	5:04.24	46.00
	100m:	1:18.04	42.04	200m:	2:46.82	44.74	300m:	4:18.24	45.59	400m:	5:46.36	42.12
32.	STROMBERGER RAPHAELA				99	SV St. Veit/Glan				6:02.57	290	
	50m:	41.05	41.05	150m:	2:11.99	46.82	250m:	3:46.16	47.26	350m:	5:21.75	47.00
	100m:	1:25.17	44.12	200m:	2:58.90	46.91	300m:	4:34.75	48.59	400m:	6:02.57	40.82